

Brief Intervention Training



Santa Clara County
Office of Education

Friday, Sept 15, 2017
8:30 AM- 3:30 PM

Santa Clara County Office of Education
Morgan Hill Conference Room
1290 Ridder Park Drive
San Jose, CA 95131

[Register today](#)

Target Audience:

School Administrators, Educators, Counselors, CBO's,
Youth Workers and Nurses

*****Priority registration for TUPE schools**

*****Space is limited to 50 participants**

***** Breakfast, lunch and training materials
provided at NO COST**

***** 6 CEU's offered to RN, MFT, LCSW, LEP, LPCC**

Brief Intervention is an approach that uses motivational interviewing, cognitive behavior therapy, and the stages of change model, to meet the needs of adolescents who use alcohol and/or other drugs.

Learning Objectives:

- Examine the counselor's attitudes and relationship with teens
- Learn to teach adolescents how to take a more active and reflective role in decisions about their own behavior
- Identify strategies that would support an adolescent driven to make decisions they see as beneficial
- Increase knowledge about drug and alcohol, and tobacco use among teens
- Utilize motivation interviewing to empower rather than enforce
- Brief Intervention to be used as an alternative to suspension

Questions? Contact Sonia Gutierrez:

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Visit the Safe & Healthy School's SCCOE website:

<http://www.sccoe.org/depts/schoolhealth/Pages/default.aspx>

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