

Monitoring and Evaluation

The level, type, and intensity of educationally related social-emotional/behavioral supports and services are revisited at least annually and are based on assessment and progress towards goals.

Ongoing progress monitoring may consist of the following:

- Student observations
- Teacher contacts
- Parent feedback
- Point sheets
- Ratings
- Interviews
- Questionnaires



We serve the following districts:

Alum Rock Union School District

Berryessa Union School District

East Side Union High School District

Evergreen School District

Franklin-McKinley School District

Gilroy Unified School District

Milpitas Unified School District

Morgan Hill Unified School District

Mt. Pleasant School District

Oak Grove School District

Orchard School District



**Educationally Related
Social-Emotional Supports and
Services
(ERSESS Program)**

For more information, please contact:

Helen Huynh
Program Administrator for Children with
Emotional and Behavioral Needs
Phone: (408) 223-3777
Email: hhuynh@mpesd.org

Leo Mapagu
SELPA Executive Director
South East SELPA
Main: (408) 223-3771
Fax: (408) 532-9311



South East SELPA
3434 Marten Avenue
San Jose, CA 95148
(408) 223-3771
www.southeastselfa.org

Purpose

We strive to provide evidence-based educationally related social-emotional/behavioral supports and services to students. The ERSESS Program focuses on:

1. Addressing the academic, social, emotional, and related behavioral needs of students.
2. Providing support services to students, teachers, and families.
3. Supporting home and school continuity in meeting the student's social-emotional and related behavioral goals.

Meet Our Social-Emotional and Behavioral Support Specialist

Elena Vasquez, M.A., P.P.S. School Counseling, provides counseling, training, and consultation services to students, families, and staff in the ERSESS Program. Below are sample activities and supports that may be utilized with students and staff:

1. Cognitive Behavioral Therapy
2. Self-monitoring charting
3. Check-in/Check-out
4. Role-play
5. Video modeling
6. Mindfulness
7. Relaxation activities
8. Task analysis
9. Coping strategies for anxiety and stress
10. Anger management strategies
11. Social skills building
12. Social emotional regulation
13. Trauma-informed care
14. Crisis management/planning with school staff

Referral Guidelines

Services are available to students with disabilities in grades TK to Post Senior who exhibit educationally related social-emotional and related behavioral need(s) and are not currently receiving school-based counseling services or supports. Students who exhibit reciprocal communication, reasoning, and comprehension of cause-and-effect concepts are more likely to benefit from our counseling support.



Referral Procedure

1. Special Education Director or appointed designee will consult with SELPA Program Administrator on case and availability.
2. Submit a referral packet after consultation with the SELPA Program Administrator:
 - ✓ Referral form
 - ✓ Supporting documentation (current IEP, recent psychoeducational assessment report, current BIP)
 - ✓ Release for exchange of information
 - ✓ Signed Assessment Plan for SELPA ERSESS Program in the area of "social/emotional" (submit to SELPA within 5 days of receiving parent permission)
3. ERSESS staff will confer with assessing district within the 60-day assessment window. We may observe the student, gather relevant information from the teacher, assessors, and/or parent/guardian to determine current educationally related social-emotional needs.

**Please note: ERSESS assessment should be completed in tandem with district's social/emotional assessment.*

Related Services

Students may receive the following supports and/or services based on their identified needs:

- ❖ **Individual counseling** – Counseling may focus on aspects, such as educational, career, personal; or be with parents or staff members on learning problems or guidance programs for students. Individual counseling is expected to supplement the regular guidance and counseling program.
- ❖ **Counseling and Guidance** – Counseling services include student's social skills development. Guidance services include interpersonal, intrapersonal, or family interventions. These services are expected to supplement the regular guidance and counseling program.
- ❖ **Psychological Services** – Includes planning and implementing a program of psychological counseling for students with exceptional needs and their parents. It also includes assisting in the development of positive behavioral intervention strategies as well as consultative counseling services to parents, students, teachers, and other personnel.
- ❖ **Parent Counseling & Training** – Includes assisting parents in understanding the needs of their child and providing parents with information about child development.

Reminder

ERSESS does not involve the following:

- Applied Behavior Analysis
- Special Circumstance Individual Assistance
- Wraparound Services
- In-home counseling
- Conducting Functional Behavioral Assessments
- Writing Behavior Intervention Plans
- Duplicating services for students currently placed in a therapeutic program (unless otherwise agreed upon)